AARP has been working to promote the health and well-being of older Americans for more than sixty years. In the face of COVID-19 or the Coronavirus outbreak, AARP ND gathered information to help older people and those caring for them protect themselves from the virus and prevent it from spreading to others.

**Supporting Your Community**

**Q** What can state & local government do to help?

**A** Keep us informed with accurate information.

**A** Encourage everyone to practice social distancing.

**A** Provide necessary PPE for health care workers and caregivers to keep them safe while caring for others.

When asked about social distancing, spreading the virus, and accessing resources:

- **98%** Understand social distancing and how to carry it out.
- **96%** Understand how coronavirus spreads and how to avoid being infected.
- **75%** Know where to access state and federal resources for help.

Go to [www.aarp.org/coronavirus](http://www.aarp.org/coronavirus) for information and resources.

Data was gathered using a questionnaire and the results shouldn't be considered scientific. Information that was gathered will be used to help identify options to aid communities during this challenging time. One hundred thirty two (132) responses were received between March 25-April 1, 2020.

Percentages reflect answers received from the 132 respondents. See questionnaire here [action.aarp.org/COVID19ND](http://action.aarp.org/COVID19ND).