Do you want to be more involved with your city, county and regional government - and your community? CIVICS 101 is for you!

We invite you to participate in our 5-session training series to learn about the structure and operation of various levels of government, engage with elected officials, and advocate for causes you believe in.

In this series we will:
- Learn the basic elements of our local political system
- Have personal conversations with elected officials
- Visit city, county and regional offices
- Learn how to advocate for issues of concern to older adults

**Sponsored by the Multnomah Bar Foundation**

**Session #1: City of Beaverton**
*Tuesday, March 19th*

**Session #2 City of Portland**
*Tuesday, March 26th*

**Session #3 Washington County**
*Tuesday April 2nd*

**Session #4 Metro Regional Gov't**
*Monday, April 8th*

**Session #5 Advocacy in Practice**
*Tuesday, April 16th*

**Snacks & refreshments provided!**

**Reimbursement available for bus tickets to and from sessions.**

For more info or to register: info@eldersinaction.org and 503-595-7530
Session #1 Inside the City of Beaverton  
Tuesday, March 19th, 1:00 PM-3:00 PM  
The Beaverton Building, 12725 SW Millikan Way, Beaverton  
• Intro to the City of Beaverton and how its city government works  
• Presentation/discussion with a Beaverton City Council member  
• Tour of the Beaverton Building

Session #2 Inside the City of Portland  
Tuesday, March 26th, 1:00 PM-3:00 PM  
Portland City Hall, 1221 SW 4th Avenue, Portland  
• Intro to the City of Portland and how its city government works  
• Presentation/discussion with a Portland City Council member  
• Tour of Portland City Hall

Session #3 Inside Washington County  
Tuesday, April 2nd, 1:00 PM-3:00 PM  
Charles D. Cameron Building, 115 N. First Avenue, Hillsboro  
• Intro to Washington County and how the county government works  
• Presentation/discussion with a County Commissioner  
• Tour of the county building

Session #4 Inside Metro Regional Government  
Monday, April 8th, 1:00 PM-3:00 PM  
Metro Building, 600 NE Grand Avenue, Portland  
• Intro to Metro and how the regional government works  
• Presentation/discussion with a Metro Council Member  
• Tour of the Metro building

Session #5 Advocacy in Practice  
Tuesday, April 16th, 1:00 PM-3:00 PM  
United Way, 619 SW 11th Avenue, #300, Portland  
• Learn tips and tools for advocacy  
• Practice your advocacy skills

For more info or to register: info@eldersinaction.org and 503-595-7530