NeighborWalks

NeighborWalks is a collaborative community walking program brought to you by AARP Oregon, City of Portland Bureau of Transportation and Oregon Walks. Our vision is to get more people walking every day for health, transportation, environment, and community. Walks take place in neighborhoods in and around Portland. Each walk is developed and led by AARP volunteer leaders with support from community partners. Join us for these intergenerational walks as we celebrate a community for all ages and abilities!

To learn more about each walk, visit bit.ly/neighborwalks2019.

NeighborWalks Passport Experience

Passport Experience Participants who attend most of the season’s NeighborWalks will receive an Oregon Walks membership and a surprise giveaway from AARP Oregon. Collect your stamps at each walk AND get bonus stamps at any of the 2019 Portland Sunday Parkways and Oregon Walkways.

Check out Parkways dates at PortlandSundayParkways.org.

Please plan to arrive 15 minutes before the walk begins.

Only trained service dogs allowed.

Questions?
Visit aarp.org/or
or contact oraarp@aarp.org
1-866-554-5360

The City of Portland is committed to providing meaningful access. To request translation, interpretation, modifications, accommodations, or other auxiliary aids or services, contact 503-823-5185, Relay: 711.

MADE POSSIBLE WITH SUPPORT FROM METRO AND THE FEDERAL TRANSIT ADMINISTRATION

Be Active, Stay Active
16 walks in and around Portland
Kick Off the Season in Sellwood  
**1.8 MILES**  
**TUESDAY, MAY 28 • 10:00 AM**  
**3,802 STEPS**  
Meet: Moreland Presbyterian Church, 1814 SE Bybee, Portland  
Kick off the NeighborWalks fifth season in a quintessential Portland neighborhood. We’ll walk through Sellwood’s tree-lined streets and explore the newly renovated Westmoreland Park. Meet old and new friends. Enjoy healthy snacks.

Who Knew It Was Luuwit  
**1.8 MILES**  
**TUESDAY, JUNE 4 • 10:00 AM**  
**3,802 STEPS**  
Meet: Luuwit View Park, NE 127th and NE Fremont St, Portland  
Join us at one of Portland’s newest parks in outer NE Portland. Learn about the three volcanoes you can see from the park. Walk the Argay neighborhood and learn of the history, challenges and future plans for this area.

Willamette Park to Sellwood Bridge  
**2 MILES**  
**TUESDAY, JUNE 11 • 10:00 AM**  
**4,224 STEPS**  
Meet: Willamette Park, 6500 SW Macadam Ave, Portland  
Grab your binoculars and join us as we walk south from Willamette Park to the north side of the Sellwood Bridge with Micah Meskel from the Audubon Society of Portland. Meet at the picnic area at the south end of the park in front of the Hannah Mason Pump Station.

Downtown Gresham Awaits You!  
**2.2 MILES**  
**SATURDAY, JUNE 22 • 10:00 AM**  
**4,646 STEPS**  
Meet: NE 8th St & NE Kelly Ave, across from the Gresham Central MAX Station  
Check out historic buildings, old and new housing units, the Gresham Arts Plaza with its Farmers’ Market, the main city park, and the Tsuru Island Japanese Garden. We will have guests from the Gresham History Museum and Guide-dog training organization to speak with us and add to the enjoyment of downtown Gresham.

Alberta Arts District  
**2.2 MILES**  
**TUESDAY, JULY 2 • 10:00 AM**  
**4,646 STEPS**  
Meet: Alberta Park basketball court, Killingsworth St & 20th Ave, Portland  
Discover Vernon neighborhood and explore the Alberta Art District. Learn the storied history of the area and check out the many art studios, unique shops and eateries in this diverse community. Bring some extra change for a treat from Salt & Straw.

Let’s Go Fo Po  
**SATURDAY, JULY 13 • 10:00 AM**  
Meet: Essex Park, SE 79th & Center St, Portland  
Home to thriving local businesses and diverse places to grab a bite, Foster-Powell neighborhood is coming into its own. Come join us to explore FoPo and check out the streets improvements being made to make the area pedestrian and bike friendly.

Old & New at Orenco Station  
**SATURDAY, JULY 27 • 10:00 AM**  
Meet: New Seasons, 1453 NE 61st Ave, Hillsboro  
Come explore Hillsboro’s famous Orenco Station, a model transit oriented development community with great access to transportation, parks and other amenities. Also check out the historic Orenco townsite and surrounding neighborhoods.

Coming Up Roseway  
**SATURDAY, AUG 3 • 10:00 AM**  
Meet: Glenhaven Park, NE 82nd & NE Siskiyou, Portland  
Discover this “off the beaten track” neighborhood with its lovely gardens and a grocery store built around a homeowner who refused to move. We will walk past a 100 year-old barbershop and pharmacy and a unique roadside attraction built to attract auto business.

Among the Giants & St Johns Prairie  
**TUESDAY, AUG 13 • 10:00 AM**  
Meet: Pier Park (parking lot on Lombard), 10325 N. Lombard St, Portland  
Pier Park’s beautiful douglas fir, red cedar, and sequoia forest is the perfect place for a walk on a hot August day. We will explore the many facets of this beautiful park with a member of the Friends of Pier Park. Bring your binoculars to look out over the St. Johns Prairie.

Happy Valley Park & Wetlands  
**TUESDAY, AUG 20 • 10:00 AM**  
Meet: Happy Valley Middle School, 13865 SE King Rd B, Happy Valley  
Be happy with us in Happy Valley, a park for people of all ages and a variety of activities. Explore exercise stations along the route and enjoy the beautiful boardwalk thru the wetlands.

Gateway 4 Parks & a Push  
**TUESDAY, SEPT 3 • 10:00 AM**  
Meet: Gateway Park (NE corner), 10630 NE Halsey, Portland  
Visit Portland’s newest park. Hear the history of Gateway and see recent improvements for biking and pedestrian safety. Walk to three other neighborhood parks including Hazelwood hydropark and visit the East Portland Community office. Shorter route available.

Nature Walk in Tualatin Hills  
**TUESDAY, SEPT 10 • 10:00 AM**  
Meet: 15655 SW Millikan Way, Beaverton  
Enjoy a guided walk through beautiful Tualatin Hills Nature Park, a 222 acre nature park and wildlife preserve in the heart of Beaverton and surrounding the confluences of Cedar Mill Creek and Beaverton Creek. Explore this regional treasure with its wetlands, forests and streams that serve as habitat to insects, amphibians, reptiles, birds and mammals.

Historical Oregon City  
**SATURDAY, SEPT 14 • 10:00 AM**  
Meet: Liberty Plaza, Main St & 8th St, Oregon City  
Come explore the first city to be incorporated in the western United States. Check out Oregon City’s many historical buildings, the famous vertical street, promenade and views of Willamette Falls, power station with historical components.

Cully: Parks, Community & Walking  
**SATURDAY, SEPT 28 • 10:00 AM**  
Meet: Parking lot behind Hacienda CDC, 6700 NE Killingsworth St, Portland  
Join Oregon Walks and Verde to explore the vibrant Cully neighborhood. Learn about the community-led action to transform a former landfill and strip club into a state-of-the-art community park and housing with community space. Learn about local walking groups and more.

MAX Green Line & Green Lents  
**SATURDAY, OCT 5 • 10:00 AM**  
Meet: Holgate Boulevard Park & Ride, 9331 SE Holgate Blvd, Portland  
Explore Lents on foot and by MAX. Check out Walker Stadium, Lent’s Park, and NAYA Generations. We will end this one-way walk at the Lents International Farmers Market, close to Lents Town Center MAX Station. All participants receive a complimentary ticket to take the Green Line MAX back from Lents Town Center to Holgate Station.

Concordia for all Generations  
**SATURDAY, OCT 12 • 10:00 AM**  
Meet: 3039 NE Rosa Parks Way, Portland  
Celebrate health and community. Learn how six providers came together to create a healthier community and enhance learning for all ages. Meet in front of Faubion Elementary. We’ll see the 3 to PhD Center, explore Concordia Campus and the neighborhood. Year-end prizes and treats. Don’t forget to bring your NeighborWalks passport!