

THE NEW HAMPSHIRE SENIOR LEADERSHIP SERIES

NOW ACCEPTING APPLICATIONS FOR 2018



- *Are you an older adult, a caregiver, family member or friend who is passionate about aging issues?*
- *Do you have leadership skills and an interest in state and federal advocacy?*
- *Do you want to make a difference and ensure that we have livable communities and options as we age?*

If you answered yes, think about becoming a member of New Hampshire Senior Leadership!

The goal of the series is to provide support and training in the advocacy and leadership skills necessary to promote livable communities, including community-based systems of support for New Hampshire citizens as they age.

What You Can Expect:

- Participants will meet five times over eight months and receive intensive training on a wide variety of educational and community topics. The series will take place in Plymouth, Manchester, Concord and Lebanon.
- Five interactive sessions will be presented by respected leaders in community organizing, leadership development, and best practices in older adult advocacy issues. The sessions will cover the following topics:
 - Aging and Society— New Hampshire and National Impacts: April 19 and 20, 2018
 - Community Engagement and Livable Communities: May 17, 2018
 - The Legislative Process: June 21, 2018
 - Aging Well in our Communities: September 6, 2018
 - Group Presentations and Graduation: November 8, 2018
- Upon acceptance, each participant is asked to pay a \$45 contribution to the program; it will be the only cost to participate. People needing additional *supports* (e.g. *respite care, transportation, interpreter, physical assistance*) will be assisted in every way possible to facilitate their attendance and participation.
- Application deadline is February 23, 2018. A selection committee will choose this year's participants based on the content of their applications. Candidates will be notified by March 16, 2018.
- Applications are available by contacting Doug McNutt at AARP New Hampshire by telephone at (603) 230-4106 or by email dmcnutt@aarp.org.

The New Hampshire Senior Leadership Series is made possible through collaboration and financial assistance from AARP, Center on Aging and Community Living at the University of New Hampshire, and Dartmouth Centers for Health and Aging.

